Foods 1
In class recipes

## 1/2 large green bell pepper per person 1/4 cup pizza or pasta sauce <br> 1/4 cup grated cheese toppingssuch as pepperoni, canadian bacon, tomatoes, pineapple, mushrooms, olives, etc. pinch a of red pepper flakes (if desired) pinch a of basil or parsley (if desired)

1. Pre-heat your oven to 425 degrees Fahrenheit. Line a baking sheet with parchment paper or tin foil.
2. Slice off each of the four sides of your pepper and lay flat on a baking sheet.
3. Top with sauce, then cheese, followed by toppings
4. Bake for 8-10 minutes, flipping your oven to broil towards the end to make the cheese nice and bubbly.
5. Add a pinch of red pepper flakes and basil/parsley if desired and dig in!
